

# THE LORD DELIVERS HIS PEOPLE

## (PSALM 30)

### TRUE OR FALSE (CIRCLE ONE):

1. The Lord hears us when we cry out to him. (PSALM 30:2)  
TRUE OR FALSE
2. The Lord will let His people cry and NEVER help them (PSALM 30:5)  
TRUE OR FALSE
3. We should find our strength in the Lord. (PSALM 30:7)  
TRUE OR FALSE

### CHOOSE THE CORRECT ANSWER(S)

4. How long does God's ANGER last? (PSALM 30:5)
  - a. For a lifetime.
  - b. For 3 weeks.
  - c. For a moment.
5. How long does God's FAVOR last? (PSALM 30:5)
  - a. For a lifetime.
  - b. For 3 weeks.
  - c. For a moment.
6. David said that the Lord turned his mourning(sadness) into: (PSALM 30:11)
  - a. Skateboarding.
  - b. Surfboarding.
  - c. Snowboarding.
  - d. Dancing.
7. What are TWO things we should give to the Lord because He helps us? (PSALM 30:12)
  - a. A chocolate chip cookie and glass of milk.
  - b. Praise and thanks forever.

### FILL IN THE BLANKS:

8. From what you learned in Psalm 30, what will you do the next time you have a problem?
- 

### MEMORY VERSE:

“For His anger is but for a moment, His favor is for life;  
weeping may endure for a night, but joy comes in the morning.”  
PSALM 30:5

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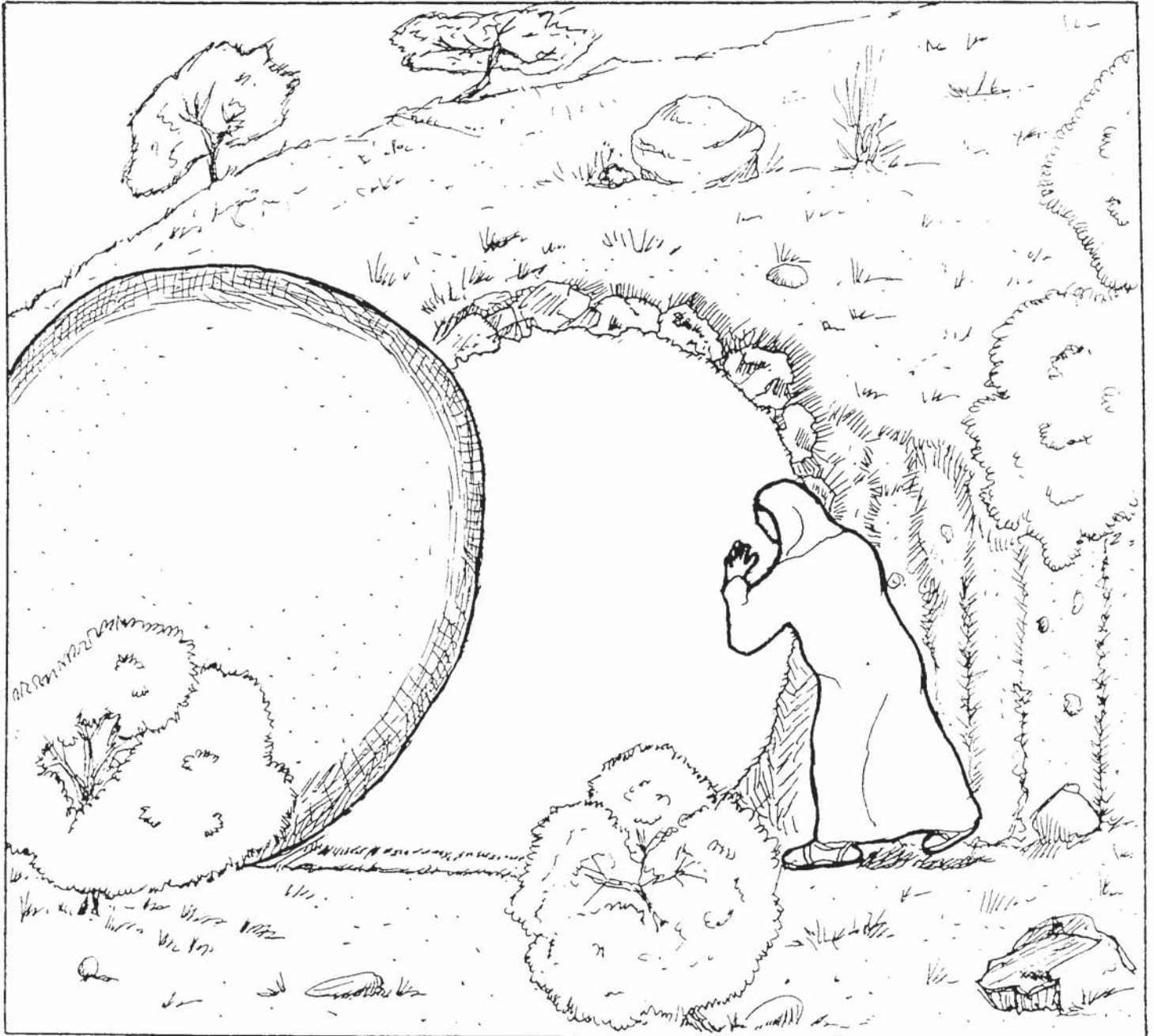
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**PSALM 30:5**

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(PSALM 30)

L M D P R H H O T J  
S S E N D A L G H O  
Y M O U R N I N G Y  
G N I C N A D J I G  
U E P R A I S E N N  
S I N G N O R T S I  
Y T I R E P S O R P  
S A C K C L O T H E  
E Y T H A N K S S E  
S T U P D I V A D W

DANCING  
DAVID  
GLADNESS  
JOY  
MOURNING  
NIGHT  
PRAISE



PROSPERITY  
SACKCLOTH  
SING  
STRONG  
THANKS  
WEEPING

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D L G G M Y J D G R N Y K Y U F Y S D T  
R M U J Z G N G E K I J R M H T K A T R  
D M B Q C K D D P E D D X W I N N Q F D  
V B K K O K Y D S I L N K R A C A F J N  
P C C U C X F E G T A C E H I S N O X X  
S A C K C L O T H E G P T N P I Y V E T  
D H R S E L O O S F S L G J U N G Y R O  
Q O T Z Q W D C X O O I A Q X G N O L T  
D A V I D R H M R H L G A D F M O Z H G  
H E F E I N O P Y U F J X R N C R C L V  
D Y K S L H R B C I V Y N Z P E T G E W  
G U V H Z Z F R T I O R V X N X S V C R  
I B V E B T T U C V X I W Q M L Y S J J  
Y A B Z J D S K B I R Z E S O I W D C S  
G P C P F J K N G W E M X P U N Y J S E  
Q D D C T W F I V H A S K N R Q I B W I  
T G N I P E E W V H U R M N N Y N G Z S  
L E V G D I V G E B D T T Q I W S T H E  
Y N H E O C M X K R S H J T N T S S K T  
O Z Z K M T I K H C F J Z Q G Z B Y T W

DANCING  
DAVID  
GLADNESS  
JOY  
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PRAISE



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